



Shikshan Prasarak Mandal, Kamptee's

Seth Kesarimal Porwal College of Arts & Science & Commerce, Kamptee – 441 001

Affiliated to RTM Nagpur University, Nagpur, Maharashtra

NAAC Accredited with 'A' Grade

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Internal Quality Assurance Cell (IQAC)

Dr. V. N. Chavan
Principal

Dr. P. R. Dhongle
Coordinator

Date: 10 / 03 / 2023

Best Practice I

1. Title of the Practice –

Professional Development Programmes for Teachers

2. Objectives

- ❖ To provide opportunities to enhance the knowledge and to boost creative and intellectual level of teachers.
- ❖ To provide a forum to exchange views, ideas and the latest innovations.
- ❖ To update on current trends with knowledgeable deliberations and interactions.
- ❖ To enhance the quality of research work.
- ❖ To offer learning on basics, emerging trends and challenges in the teaching field.
- ❖ To provide a platform for having experiential and participative learning.

3. The Context

Seth Kesarimal Porwal College, Kamptee is one of the renowned colleges of Nagpur rural area. Right from the establishment of the college, it is on the path of progress and the teachers of the college have lion's share in its development. There are 51 permanent teaching faculty members in the college, out of which 44 possess a doctoral degree. Teachers of the college are actively engaged in doing quality research work and are always taking genuine steps for enhancing the quality of teaching–learning mechanism. The professional development of the teachers has been possible through the constant motivation and support of the college. The college consistently focuses on the development of the

teachers because the progress of the college depends a lot on teachers. The only challenge during this practice is about the teachers self motivation and willingness to learn new things and adapt to the changes.

4. The Practice

The college has organized 30 different professional development programmes for teachers during the last five years. These professional development programmes include 6 conferences, 7 workshops, 10 webinars, 2 Orientation programmes, 2 programmes on IPR, 1 six days short term FDP, 1 seminar and 1 panel discussion program.

Six conferences have covered the various current trending topics viz. Online Business Issues & Challenges; Solid State Chemistry & Allied Areas; Future Tech of Life Sciences; Role of Holistic Approaches of Yoga during COVID-19; Effective Visualization & Literature; and Integrated Approach in Science & Technology for Sustainable Future. These conferences have provided a platform to the teachers to interact with experts for future collaboration and inspire our faculties for enhancing the quality of research work.

Seven workshops have been taken on important aspects viz. Reviewing Teaching Practices in Biochemistry; SWAYAM; Yogic Kriya; Revised Accreditation Framework of NAAC; Research Work & its Significance; Skill Enhancement; and Disaster Management. These workshops have updated the teachers regarding the trends and changes in that particular field.

Ten webinars have been organized on Researching & Writing a Masters Dissertation; ICT Tools for College Teachers; Gender Sensitization; National Education Policy and the Role of English; Women at Workplace: Phenomenon of Cyber Bulling; Right to Information Act & Transparency of Administration; Developing Language Skills to Become an Efficient Speaker; Writing & Evaluation of Scientific Research Articles; Communication and Relationship Building Skills; and Digital Responsibility. These webinars have helped in enhancing the knowledge and creativity of teachers.

Two Orientation Programmes have been taken on Quality Indicator Framework of NAAC. These programs have helped the teachers in understanding the NAAC system in a better way. Two programs on IPR have been organized that have updated teachers regarding the Intellectual Property Rights, Patents and Copyright Issues. College has organized the Six Days Short Term Faculty Development Program on Developing ICT Skills for Teaching, Learning and Evaluation, in which teachers have been given hands on training related to different ICT tools. A Seminar on Budget 2022-2023 has been taken to make aware the

teachers regarding the provisions of the budget and have proper financial planning. A Panel discussion on Need for Gender Sensitization was taken to sensitize teachers about gender issues.

All these programs have helped in professional development of the teachers.

5. Evidence of Success

The professional development activities organized by college have helped the teachers to keep them motivated and updated regarding the changing trends, scenario and needs for strengthening the teaching–learning mechanism. The quality of research work done by our teachers has improved a lot. Many papers have been published in the SCOPUS indexed journals. Research collaboration is increasing. Teachers now have more awareness regarding the NAAC procedures and requirements; Intellectual Property Rights, Patents and Copyright Issues; and are more sensitive in enhancing the teaching–learning process. Teachers have adapted to changing technology and are using efficiently the various ICT tools for teaching–learning. All the faculties are very sensitive to different student related matters and gender issues. Teachers are enhancing their skills through participation in different conferences, seminars, orientation and refresher courses. The knowledge gained by teachers is transferred to students through the different activities conducted by the faculties.

6. Problems Encountered and Resources Required

The main problem encountered during this practice is about the teachers self motivation and willingness to learn new things and adapt to the changes. Many teachers have hesitations in learning and adapting to the new technology and ICT tools. The lack of funds and financial constraints are issues that come as hurdle during organization of professional development programmes for teachers. More ICT facilities are required to make teachers friendly with the new technology.


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Date: 06 / 03 / 2023

Professional Development Programmes for Teachers

Organized during Last Five Years

S. No.	Date	Details of Programme
1	01.09.2018	One Day Workshop on 'Reviewing Teaching Practices in Biochemistry' for teachers in Biochemistry organized by Department of Biochemistry.
2	17.10.2018	Orientation Program for Teaching Staff Members on Quality Indicator Framework of NAAC organized by IQAC.
3	26.11.2018	Orientation Program for Teaching Staff Members on Criteria V, VI & VII of NAAC organized by IQAC.
4	12.12.2018	SWAYAM Workshop for Teaching Staff Members organized by Innovative Program Cell & IQAC.
5	22.02.2019	Workshop on Yogic Kriya organized by Health Awareness Cell.
6	08.03.2019	Panel discussion on 'Need for Gender Sensitization' organized by Internal Complaints Committee and Women Development Cell.
7	09.03.2019	One Day State Level Workshop on Revised Accreditation Framework of NAAC organized by IQAC.
8	18.09.2019	One day National Conference on 'Online Business Issues & Challenges (OBIC-2019)' organized by Department of Commerce.
9	27.09.2019	One Day Regional Workshop on 'Research Work & its Significance' organized by IQAC & Research Promotion Cell.
10	20.12.2019 to 21.12.2019	National Conference on 'Solid State Chemistry & Allied Areas (NCSCA-2019)' in association with Indian Association of Solid State Chemists & Allied Scientists (ISCAS), Jammu.
11	14.02.2020 to 15.02.2020	Two Day International Conference on 'Future Tech of Life Sciences' in collaboration with Microbiologists Society, India & 3 other colleges.

12	03.03.2020	One Day Skill Enhancement Workshop for Teaching staff members & PG students organized by IQAC.
13	25.05.2020	International Webinar on 'Researching & Writing a Masters Dissertation' organized by Department of Chemistry & Microbiology.
14	28.05.2020 to 29.05.2020	Two Day National Webinar on 'ICT Tools for College Teachers' organized by IQAC.
15	29.08.2020	One Day Interdisciplinary National E-Conference on Role of Holistic Approaches of Yoga during COVID-19 organized by Department of Physical Education in collaboration with Physical Education Foundation of India, New Delhi.
16	07.09.2020 to 13.09.2020	Six Days Short Term Faculty Development Program on Developing ICT Skills for Teaching, Learning and Evaluation organized by ICT Committee and IQAC.
17	08.09.2020	One Day National Webinar on Gender Sensitization organized by Internal Complaints Committee in collaboration with Dharampeth M. P. D. M. Science College, Nagpur.
18	23.09.2020	National Webinar on National Education Policy and the Role of English organized by Department of English in collaboration with Guru Angad Dev Teaching Learning Centre of MHRD, (PMMMNMST), SGBT Khalsa College, Delhi.
19	11.02.2021	One Day Webinar on Intellectual Property Right with Special Reference to Copyright Issues and Concerns organized by Library Department in collaboration with Hislop College, Nagpur and V. M. V. College Nagpur.
20	08.03.2021	Webinar on Women at Workplace: Phenomenon of Cyber Bulling on occasion of International Women's Day organized by Internal Complaints Committee.
21	17.07.2021	Webinar on Right to Information Act & Transparency of Administration organized by Department of Political Science.
22	30.07.2021	Webinar on Developing Language Skills to Become an Efficient Speaker organized by Bhasha Abhyas Mandal in collaboration with M. K. Umathe College, Nagpur.
23	31.07.2021	National Webinar on Writing & Evaluation of Scientific Research Articles organized by Research Promotion Cell in collaboration with Taywade College, Mahadula-Koradi, Nagpur.

24	23.09.2021 to 25.09.2021	Three Days International E-Conference in English on Effective Visualization and Literature organized by English in collaboration with Prerna College of Commerce, Nagpur, Dayanand Arya Kanya Mahavidyalaya, Nagpur and D. R. B. Sindhu Mahavidyalaya, Nagpur.
25	16.11.2021	One Day Online Workshop on Disaster Management organized by Department of Physical Education in collaboration with S. B. City College, Nagpur, Taywade College, Koradi, Nagpur & Mahila Mahavidyalaya, Nagpur.
26	01.02.2022	Webinar on Intellectual Property Rights organized in collaboration with Rajiv Gandhi National Institute of Intellectual Property Management, Govt. of India, Nagpur.
27	04.02.2022	Webinar on Communication and Relationship Building Skills organized by Bhasha Abhyas Mandal.
28	15.02.2022	National Webinar on Digital Responsibility organized by ICT Cell.
29	17.02.2022	Seminar on Budget 2022 – 2023 organized by Department of Economics.
30	26.02.2022 & 27.02.2022	The Trans-disciplinary International Conference on Integrated Approach in Science & Technology for Sustainable Future jointly organized by Dr. Ambedkar College, Nagpur, S. K. Porwal College, Kamptee, Priyadarshini J. L. Engineering College, Nagpur and PG Department of Genetic Engineering, RTMNU, Nagpur.


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Best Practice II

1. Title of the Practice –

Health Awareness Activities

2. Objectives

- ❖ To inculcate the habits of cleanliness among the staff and the students.
- ❖ To educate the students and make them aware of how to take proper care of their health.
- ❖ To motivate the staff and the students for blood donation and organ donation.
- ❖ To educate the students about health care, pandemics, vaccination, hygiene and illness prevention.
- ❖ To motivate the staff and the students for regular exercise and yoga.

3. The Context

The World Health Organization defines health as a state of mental, physical and social well being and not merely physical well being. Individuals who are healthy in mind are automatically healthy in their bodies. Good health is man's greatest possession. A healthy person is one who can function up to his optimal capacity without any difficulty. Good health facilitates a lot of other body processes. Good health helps us to handle stress and combat with increasing pressure. Health Awareness should be a top priority in everybody's life. College has organized various health awareness activities during the last five years to

create awareness among students and society regarding health and sanitation with the above mentioned objectives. These activities have helped the students and society in maintaining their health during the tough times of COVID–19 pandemic.

4. The Practice

College has organized 58 different health awareness programmes for students and staff members during the last five years. These health awareness programmes include International Yoga Day celebration programme, blood donation camps, NSS camps, health check up camps, programmes on hygiene, awareness programmes on different health issues, programmes on nutrition and balanced diet, COVID–19 awareness and vaccination drives. Besides this, many cleanliness drives have been organized regularly by NSS and NCC in the college, which emphasizes the need and importance of cleanliness in our society.

College has organized a Conference on Role of Holistic Approaches of Yoga during COVID–19. This conference has underlined the importance of Yoga for a healthy and happy life. College also celebrates the International Yoga Day every year to make the students aware about the different dimensions and beauty of Yoga that can lead to a healthy life. College has run a certificate course in Yoga which has updated the students in detail regarding the different aspects of Yoga.

NSS of the college conducts various health awareness activities every year. The programs like NSS camps, health care, HIV/Aids, alcohol addiction, drug addiction, blood donation camps, first aid etc. are taken regularly by NSS so as to update the students and the local community about the importance and benefits of leading a healthy life. The NCC unit of the college also undertakes such health awareness activities for creating awareness regarding health issues.

During the pandemic period, college has organized various programmes to aware the students and society regarding COVID–19 prevention and precautions. Students were motivated to stay away from the fast food and exercise regularly to keep them healthy during the pandemic situation. College also organized six COVID–19 Vaccination Drives for students and staff during corona period.

College has a Health Awareness Cell that regularly organizes different activities that focuses on the issues related to health. The cell also conducts different health check up camps for students and staff. The Department of Home Economics conducts program during the World Breastfeeding Week and National Nutrition Week so as to make aware the students regarding the related health issues.

All these health awareness programmes have helped the students and society in maintaining their health and create awareness among the society.

5. Evidence of Success

The list of the programmes of health awareness activities, organized during the last five years is attached below. The reports of these activities along with photographs are also available. The awareness noticed in our students and staff regarding the health issues, handling and caring of health during pandemic and the cleanliness maintained in the college is a mark of success of these health awareness activities.

6. Problems Encountered and Resources Required

Health and hygiene is a part of education and it is required to be maintained in our daily routine. There are about 2500 students in the college whereas numbers of lavatories are less; hence the number of lavatories can be increased in the college premises. Girl students are to be hygiene educated by lady teachers. Toilet etiquettes are needed to be inculcated among the students through organizing more specific health related programs.


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Health Awareness Programmes

Organized during Last Five Years

Following is the list of Health Awareness Programmes organized by college during the last five years:

S. No.	Date	Details of Programme
1	21.06.2017	International Yoga Day Celebration Program.
2	31.07.2017 to 02.08.2017	Sickle Cell Screening Camp for Staff and Students organized by Health Awareness Cell.
3	28.08.2017	Blood Donation Camp.
4	03.10.2017	Health Check Up Camp for teaching and non – teaching staff members organized by NSS and Health Awareness Cell.
5	16.12.2017 to 17.12.2017	Grand Health Check Up Camp for local public organized in the college campus by Honorable Shri. Chandrashekhar Bawankule, Cabinet Minister, Government of Maharashtra.
6	06.01.2018	Awareness Program on Cancer organized by Health Awareness Cell.
7	18.02.2018	Blood Donation Camp organized by NSS.
8	23.02.2018 to 01.03.2018	N. S. S. Camp at Gram Panchayat Shirpur – Ghorpad, Tehsil – Kamptee, Nagpur
9	21.06.2018	International Yoga Day Programme organized by Health Awareness Cell.
10	01.08.2018 to 07.08.2018	World Breastfeeding Week celebrated by Home Economics Department including Extension Program at Hardas Vihar, Kamptee.

11	28.08.2018	Blood Donation Camp organized by NSS in association with IGMC, Nagpur.
12	01.09.2018 to 07.09.2018	National Nutrition Week celebrated by Department of Home Economics.
13	08.09.2018	Program on Feminine Hygiene organized by Health Awareness Cell.
14	15.09.2018 to 30.09.2018	Swachhta Pakhwada under Swachch Bharat Abhiyan organized by NSS.
15	27.09.2018	Program on Oral & Vector Born Diseases organized by Social Awareness Cell.
16	16.10.2018	Extension Program on Health and Sanitation at Buddha Vihar, Juni Chawni, Kamptee organized by Women Development Cell.
17	16.01.2019	First Aid Awareness Program organized by Health Awareness Cell.
18	25.01.2019	Dental and Eye check up camp for staff and students organized by Health Awareness Cell.
19	06.02.2019	Distribution of Medicines of Filariasis in the college campus organized by NSS in association with Sub – district Hospital, Kamptee.
20	22.02.2019	Workshop on Yogic Kriya for staff and students organized by Health Awareness Cell.
21	23.02.2019 to 01.03.2019	NSS Camp at Village Ajni, Kamptee. Activities on Health Awareness, Blood donation camp, Swachch Bharat Abhiyan etc.
22	28.02.2019	Extension program on Stress Management at Hanuman Temple, Gautam Nagar, Kamptee organized by Department of Commerce.
23	12.03.2019	Guest Lecture on Nutrition and Health organized by Department of Home Economics.
24	21.06.2019	Yoga Day Programme organized by Health Awareness Cell.
25	28.08.2019	Blood Donation Camp organized by NCC.
26	10.12.2019	Guest Lecture on Depression-Symptoms & Treatment organized by NSS.
27	12.12.2019	Essay Competition on AIDS Awareness under AIDS Pakhwada Program organized by NSS.
28	13.01.2020	E-Learning lecture series on topic-HIV/AIDS detail information organized by NSS.

29	17.01.2020	E-Learning lecture series on topic - ART Treatment & HIV organized by NSS.
30	20.01.2020	E-Learning lecture series on topic - HIV/AIDS & Role of NGOs organized by NSS.
31	22.01.2020	Investigation of HIV-AIDS, free of charge, of 115 college students organized by NSS.
32	13.02.2020	Cancer Awareness program organized by Social Awareness Cell.
33	22.02.2020	One Day NSS Camp at Village Ajni organized by NSS.
34	01.03.2020 to 07.03.2020	University Level NSS Camp at Neelaj Village organized by NSS.
35	21.06.2020	Awareness Program on International Yoga Day organized by Health Awareness Cell.
36	29.08.2020	One Day Interdisciplinary National E – Conference on Role of Holistic Approaches of Yoga during COVID – 19 organized by Department of Physical Education in collaboration with Physical Education Foundation of India, New Delhi.
37	01.05.2021	One Day Webinar on Health Awareness Program on COVID–19 organized by Alumni Association in collaboration with Shri Binzani City College, Nagpur.
38	25.05.2021	Blood donation camp organized by Alumni Association.
39	21.06.2021	International Yoga Day Programme organized by Department of Physical Education.
40	10.07.2021	Blood Donation Camp organized by NSS & NCC in collaboration with Lokmat Group, Nagpur.
41	26.07.2021	Webinar on Balanced Diet organized by Department of Home Economics.
42	27.07.2021	National Webinar on COVID – 19 and Oral Health Care organized by Health Awareness Cell in association with Dr. Garg's Dental Speciality Centre, Nagpur.
43	02.08.2021	Webinar on Proteins: Purification, Identification and Association with Diseases organized by Department of Biochemistry.
44	02.08.2021	Webinar on Nutrition & Stress Management organized by Social Awareness Cell.
45	10.08.2021	COVID – 19 Vaccination Drive organized by Alumni Association (51 people vaccinated).

46	02.09.2021	Webinar on Health Food – Planet organized by NSS in collaboration with Vegan Outreach, Nagpur.
47	29.09.2021	Awareness program for Women’s Health organized by NSS at village Ghorpad.
48	22.10.2021	COVID – 19 Vaccination Camp organized by NSS in collaboration with NUHM – UPHC.
49	29.10.2021	COVID – 19 Vaccination Camp organized by NSS & NCC in collaboration with NUHM – UPHC.
50	13.11.2021	COVID – 19 Vaccination Drive organized by Alumni Association.
51	17.11.2021 to 18.11.2021	Two Days Online Workshop on Health & Nutrition organized by Department of Physical Education in collaboration with S. B. City College, Nagpur, Taywade College, Koradi, Nagpur & Yashwant Mahavidyalaya, Seloo, Wardha.
52	05.01.2022	COVID – 19 Vaccination Drive for students of age group between 15 to 18 years organized by Alumni Association.
53	10.02.2022	Webinar on Mental Health organized by Social Awareness Cell.
54	11.02.2022 & 12.02.2022	COVID – 19 Vaccination Drive for the age group of 15 to 18 Years organized by Alumni Association.
55	09.03.2022	Blood Donation Camp organized by NCC.
56	21.03.2022 to 27.03.2022	NSS Special Camp at Village Ghorpad
57	21.06.2022	International Yoga Day Programme organized by Department of Physical Education.
58	29.08.2022	Blood Donation Camp organized by NCC.



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